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LABORATORY INVESTIGATION

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## Study of a Polymerase Chain Reaction-based Method for Detection of Herpes Simplex Virus Type 1 DNA among Iranian Patients with Ocular Herpetic Keratitis Infection

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### Abstract

**Purpose:** To study the presence of the herpes simplex virus type 1 (HSV-1) glycoprotein D gene in tear films of Iranian patients with herpetic keratitis.

**Methods:** Twenty-five tear film and eye swab specimens from 25 herpetic keratitis patients and 10 specimens from 10 healthy volunteers were collected in the Farabi Eye Hospital, Tehran, Iran. HSV-1 DNA was detected by using the nested polymerase chain reaction (nPCR) method. Viral isolation was done using conventional viral techniques. A monoclonal antibody-based enzyme-linked immunosorbent assay (ELISA) was used for confirmation of positive cytopathic effect cell culture. The results of a diagnosis by an ophthalmologist team were compared with those of nPCR.

**Results:** HSV-1 DNA was identified in tear films of 88% (23/25) of suspected herpetic keratitis patients. All healthy controls (100%) had negative PCR results. HSV-1 was isolated in cell culture and confirmed by ELISA in 12% (3/25) of herpetic keratitis patients who had epithelial keratitis. The kappa value showed a high level of agreement between ophthalmologist team diagnosis and the PCR results (kappa = 0.86,  $P < 0.0001$ ).

**Conclusions:** nPCR is a sensitive, rapid, and powerful tool for detection of HSV-1 DNA in tear films of ocular herpetic keratitis patients and can serve as a supplemental method for diagnosis of herpetic keratitis infection. **Jpn J Ophthalmol** 2004;48:328-332 © Japanese Ophthalmological Society 2004

**Key Words:** herpes simplex virus type 1, herpetic keratitis infection, human tear films, nested polymerase chain reaction, viral culture

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### Introduction

*Human herpes virus type 1* (HSV-1) is a double-stranded DNA virus belonging to the alpha-herpesvirinae subfamily

and the herpesviridae family; it is the aetiological agent of herpetic keratitis in all parts of the world and the leading cause of infectious corneal blindness in humans. The pathogenesis involves a two-step process of infection and reinfection.<sup>1</sup> It has been estimated that HSV-1 ocular infection occurs in all countries with an annual incidence of up to 20.7 per 100000 population.<sup>2-4</sup>

The timely and rapid diagnosis of HSV keratitis has become urgent given the availability of specific antiviral drugs and appropriate patient management strategies in

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addition to the traditional diagnosis of HSV keratitis based on clinical evaluation. Although the conventional cell culture technique is considered the “gold standard” for diagnosis of HSV-1, it is costly, and its major drawback is the long isolation period (4–7 days). Moreover, this technique cannot be established in all routine diagnostic laboratories. A number of diagnostic assays have been developed for detection of HSV-1 keratitis in the last few years, including immunofluorescence,<sup>5,6</sup> in situ hybridization,<sup>7,8</sup> and polymerase chain reaction (PCR)-based assays.<sup>9–15</sup> Recently, nested PCR (nPCR), a highly sensitive method, has been found suitable for the diagnosis of ocular keratitis.<sup>12,16,17</sup>

In the present study, tear film specimens were used to detect HSV-1 DNA with the nPCR method in suspected keratitis patients, and the results were compared with those of the cell culture technique and diagnosis by ophthalmologists.

## Materials and Methods

### *Patients and Controls*

Twenty-five tear film samples from herpetic keratitis patients (8 female and 17 male) were collected in Farabi Eye Hospital (the main referral center for treating eye diseases in Iran), Tehran, Iran. An ophthalmologist team used clinical evidence to recognize herpetic keratitis in all patients. Three of the 25 cases were diagnosed as epithelial keratitis, and the remaining 22 were diagnosed as stromal keratitis. All samples were collected before the use of any indicated antiviral therapy. To obtain a tear film or swab specimen, a tear film or swab was placed on the lower temporal eyelid margin of the infected eye for 1 min. Each tear film or swab specimen was placed in 2 ml of viral transport media (VTM) (Sigma, Steinheim, Germany) and transported immediately to the viral laboratory of the Virology Department at Tarbiat Modarres University (TMU), Tehran, Iran. Half of each sample was inoculated onto cell monolayers, and the residual sample was kept frozen at  $-70^{\circ}\text{C}$  until DNA extraction and nPCR were performed. As negative controls, ten tear film samples were obtained from healthy volunteers (three female and seven male), who did not show any evidence of ocular infection, as judged by the same ophthalmologist team.

### *Virus Isolation and Enzyme-linked Immunosorbent Assay*

HeLa and Vero cell lines were obtained from the National Cell Bank of Iran (NCBI, Pasteur Institute of Iran, Tehran), with accession numbers of NCBI C115 and NCBI C101, respectively, and seeded into culture tubes (Nunc, Roskildes, Denmark). Samples were decontaminated with antibiotics, inoculated onto HeLa and Vero confluent cell lines and incubated for 1 h at  $37^{\circ}\text{C}$  for adsorption of the

virus. After removal of samples, monolayers were covered with Dulbecco's modified Eagle's medium (Sigma) containing 10% heat-inactivated fetal bovine serum (FBS) (Gibco, Karlsruhe, Germany), antibiotics, and antifungal agents. The cell cultures were incubated at  $37^{\circ}\text{C}$  in a 5%  $\text{CO}_2$  atmosphere at 95% humidity (Mettler, Schwabach, Germany) and observed every day for 2 weeks for the presence of cytopathic effects (CPE).

Positive CPE were confirmed by HSV-1 and HSV-2 monoclonal antibodies (MAb), gifts of Dr. Jan-Ake Liljeqvist, Virology Department, Gothenburg University, Gothenburg, Sweden, in an enzyme-linked immunosorbent assay (ELISA) described previously.<sup>18,19</sup> The first MAb (B1.E6) was an HSV-type common anti-glycoprotein E antibody for both types of HSV, the second MAb (B1.C1) was an HSV-1-specific anti-glycoprotein C-1 (gC-1) antibody, and the third MAb (O1.C5.B2) was an HSV-2-specific anti-glycoprotein G-2 (gG-2) antibody. Uninfected negative controls as well as HSV-1- and HSV-2-positive controls were included in each run.

### *HSV DNA Extraction and nPCR*

To prepare HSV-1 DNA, 100  $\mu\text{l}$  of freeze-thawed tear film samples was added to 100  $\mu\text{l}$  of proteinase K solution [20 mM Tris-HCl, pH 8.0; 10 mM ethylenediamine tetraacetate; 1% sodium dodecyl sulfate; 20 mg/ml glycogen (Sigma); and 250  $\mu\text{g}/\text{ml}$  proteinase K (Gibco)] and incubated at  $65^{\circ}\text{C}$  for 2 h. DNA was extracted from the mixture with phenol/chloroform/isoamylalcohol, precipitated with absolute ethanol, resuspended in 30  $\mu\text{l}$  distilled water, and used for PCR analysis. The DNA concentration was determined by using a spectrophotometer (Biophotometer, Eppendorf, Hamburg, Germany) and adjusted to a final concentration of 100 ng/ $\mu\text{l}$ . The primers used in this HSV-1 nPCR assay amplify a fragment belonging to the glycoprotein D-encoding gene (Table 1). nPCR was performed as previously described by Hidalgo et al.<sup>17</sup> with minor modification. Briefly, a PCR reaction mixture (final volume of 25  $\mu\text{l}$ ) containing 20 mM Tris-HCl (pH 8.3), 50 mM KCl, 2.0 mM  $\text{MgCl}_2$ , 0.2 mM dNTPs, 1.5 U *Taq* DNA polymerase (Fermentas AB, Vilnius, Lithuania), 0.01% TritonX100, 0.05% Tween-20, 100–150 ng DNA and 0.2  $\mu\text{M}$  each of the outer primers was used for the first-round PCR. The PCR reaction mixture for the second-round PCR was like that of the first round, but contained 3  $\mu\text{l}$  of first-round PCR product as the template and 0.5  $\mu\text{M}$  of each of the inner primers. The PCR program consisted of 40 and 25 cycles for the first- and second-round PCR, respectively. The first-round PCR program consisted of  $95^{\circ}\text{C}$  for 5 min (first denaturation), Ten cycles of  $94^{\circ}\text{C}$  for 45 s,  $55^{\circ}\text{C}$  for 40 s,  $72^{\circ}\text{C}$  for 50 s, followed by 30 cycles of  $94^{\circ}\text{C}$  for 40 s,  $57^{\circ}\text{C}$  for 40 s, and  $72^{\circ}\text{C}$  for 50 s, followed by  $72^{\circ}\text{C}$  for 5 min (final extension). The second-round PCR program consisted of 25 cycles of  $95^{\circ}\text{C}$  for 5 min (first denaturation),  $94^{\circ}\text{C}$  for 40 s,  $57^{\circ}\text{C}$  for 40 s, and  $72^{\circ}\text{C}$  for 45 s followed by  $72^{\circ}\text{C}$  for 5 min (final extension). Five microliters of second-round PCR product were elec-

**Table 1.** Primer properties of HSV-1 DNA for nPCR

Designation	Sequence (5'–3')	Position	Fragment size
<i>Outer primers</i>			
Forward	ATCACGGTAGCCCGGCCGTGTGACA	HSV-1 <i>gD</i> : 19–43	221 bp
Reverse	CATACCGGAACGCACCACACAA	HSV-1 <i>gD</i> : 218–239	
<i>Inner primers</i>			
Forward	CCAACCGACCACACCGACGA	HSV-1 <i>gD</i> : 51–71	138 bp
Reverse	GGTAGTTGGTCGTTCGCGCTGAA	HSV-1 <i>gD</i> : 166–188	

HSV-1, herpes simplex virus type 1; nPCR, nested polymerase chain reaction; *gD*, glycoprotein D gene; bp, base pair.

trophoresed in 10% polyacrylamide gel. The gel was then immersed in 0.5 µg/ml ethidium bromide solution for 30 min at room temperature and photographed by a gel documentation system (BioRad, Richmond, CA, USA). DNA of the HSV KOS strain was used as a PCR positive control and was included in each run.

#### Precaution Against PCR Contamination

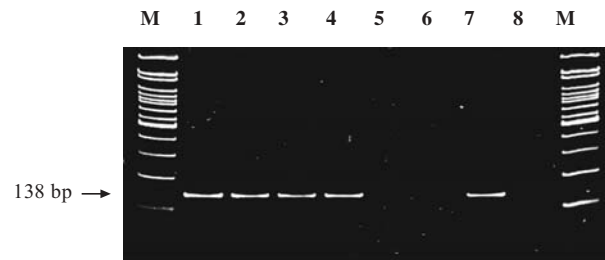
PCR reagents were prepared before each assay in a master mixture that was then aliquoted under mineral oil. The preparation of the master mixture, extraction of HSV DNA, addition of template to the PCR mixture, and the thermal cycling were performed in three different, wall-separated rooms, each with its own dedicated set of micropipettes and gowns. General precautions against contamination, including systemic use of aerosol-barrier-protected tips, frequent changes of gloves, and frequent decontamination of surfaces with UV light and DNAaway solution (MBP, San Diego, CA, USA) were strictly adhered to. Meanwhile, the guidelines of Kwok et al.<sup>20</sup> were followed.

#### Statistical Analysis

The kappa coefficient (SPSS software, Version 11.0, Chicago, IL, USA) was computed to test agreement in the data analysis.

### Results

The study population consisted of subjects with diagnosed herpetic keratitis that was confirmed by ophthalmologists using clinical evidence. Healthy persons without any herpetic clinical symptoms were selected as negative controls. All patients and controls were evaluated for the presence of virus by standard conventional cell culture techniques using HeLa and Vero cell lines. HSV-specific CPE appeared in only three samples from patients that had epithelial keratitis. HSV was isolated in 12% (3/25) of patient samples. Samples obtained from controls did not show positive CPE.



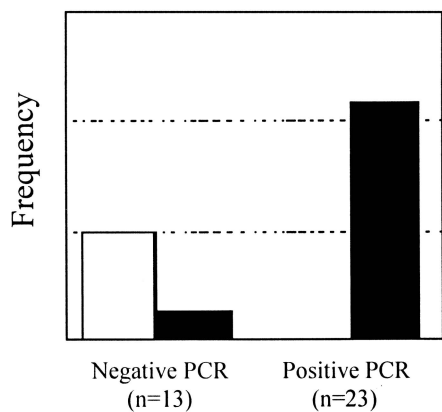
**Figure 1.** Detection of herpes simplex virus type 1 (HSV-1) DNA in tear film samples by nested polymerase chain reaction (nPCR) in a 10% polyacrylamide gel. Lanes 1–4 show positive PCR results (138 bp) in tear films of four herpetic keratitis patients diagnosed by the ophthalmologist team. Lanes 5–6 show negative PCR results of tear film specimens from two healthy controls considered as negative by the ophthalmologist team. Lane 7 shows the PCR result of the KOS HSV strain used as a positive control. Lane 8 shows a blank (no DNA added). M, 100-bp DNA ladder.

ELISA assays with HSV-1 and HSV-2 monoclonal antibodies were used to confirm the type of HSV. ELISA confirmed HSV type-1 CPE in positive cell cultures.

nPCR detected HSV-1 DNA, within the the glycoprotein D (*gD*) gene in 88% (22/25) of samples, and a 138-bp fragment was shown by a polyacrylamide gel stained with ethidium bromide. Of the 22 positive nPCR subjects, 86.4% (19/22) had been diagnosed with stromal keratitis and 13.6% (3/22) with epithelial keratitis. Twelve percent (3/25) of subjects diagnosed with herpetic keratitis had negative PCR results (Fig. 1). The reliability of nPCR was confirmed by the positive results obtained from positive controls and the negative results from specimens from healthy subjects. The kappa value, used to determine the agreement between the ophthalmologist team diagnosis of herpetic keratitis and the PCR results, showed a significant and high level of agreement (kappa = 0.86,  $P < 0.0001$ ).

### Discussion

Herpes simplex virus type 1 (HSV-1) is a prevalent microbial pathogen infecting 60% to 90% of the adult world



**Figure 2.** Frequency distribution of negative and positive HSV-1 DNA PCR results on tear film specimens of healthy controls (□) and herpetic keratitis patients (■). *n*, number of samples.

population. The coevolution of the virus with humans is due, in part, to adaptations that the virus has evolved to aid it in escaping immune surveillance, including the establishment of latent infection in its human host. Conjunctivitis and keratitis are common forms of ocular diseases seen in general practice and in eye units. HSV-1 ocular infection occurs in all countries, with an annual incidence of up to 20.7 per 100 000 population and is the most common infective cause of blindness in the world.<sup>21</sup> Primary epithelial keratitis may be cured by itself without any visible defects. But it establishes a latent infection, which upon activation, causes significant morbidity due to inflammation of epithelia and conjunctiva. HSV epithelial keratitis is typified by dendritic or geographical corneal ulcers, which usually have dendritic edges with terminal bulbs and epithelial infiltration. However, sometimes such factors as duration since onset, previous medication, systemic diseases (atopic dermatitis), or history of corneal transplantation can make the epithelial lesions appear different from classic HSV lesions.<sup>22</sup> In addition, differential diagnosis between herpetic keratitis and other fungal or parasitic infections such as acanthamoeba keratitis is important.<sup>23-25</sup> The above-mentioned factors along with the availability of appropriate treatment clearly justify the need for accurate laboratory investigation in the case of keratoconjunctivitis.<sup>26</sup>

Different diagnostic laboratory techniques such as viral culture, ELISA, immunofluorescence assay (IFA), and PCR have been used. Serologic techniques have been shown to be unsuitable for diagnosis of herpetic eye infection. Immunofluorescence assays have not shown promising results either.<sup>17,27</sup> Cell culture techniques, which have the highest specificity, are considered the “gold standard” of HSV diagnosis, but they have low sensitivity, especially when certain kinds of specimens are involved, such as those obtained from herpetic stromal keratitis patients. In the most recent studies, the frequency of virus isolation from ocular specimens with cell culture technique has been low: Kaye et al.,<sup>19</sup> reported 1 of 10 (1991); Pramond et al.,<sup>6</sup> 14 of

70 (1998); Kaye et al.,<sup>8</sup> 1 of 51 (2000); and we found 3 of 25 (12%) in the present study. All three of our specimens were from patients who had epithelial keratitis. None of the stromal keratitis samples showed any growth of HSV on either HeLa or Vero cell lines. These data show that cell culture techniques have low sensitivity for detection of virus in patients with stromal keratitis.

As an alternative to cell culture for the demonstration of the presence of HSV DNA in the tear film or eye swab of keratitis patients, PCR is considered to be a new standard for the diagnosis of this infection.<sup>8-17</sup> In this study, a part of the HSV *gD* gene was amplified successfully by using an nPCR method. Twenty-two of 25 herpetic keratitis patients diagnosed by a single ophthalmologist team had positive PCR results. Only in three patients was the ophthalmologist team diagnosis not in agreement with nPCR results. The clinical diagnosis of HSV, as a history of recurrent dendritic or geographical corneal ulceration and the development of stromal scarring, is well defined. However, a variety of microbial pathogens may cause keratitis, and differential diagnosis in cases with a less typical clinical picture is of importance.<sup>28</sup> In addition, ocular acanthamoeba infections, a more common cause of ocular infections among contact lens users, may present itself with pseudodendritic appearance in infected eyes and may need to be ruled out, especially in these groups of patients. The results of this and other studies<sup>8-17,29</sup> show that PCR is a sensitive method for detecting HSV-1 DNA in cornea. However, as with other types of infections, PCR can only supplement clinical diagnosis by an ophthalmologist. Clinical diagnosis and follow-up of patients is especially important considering that in the case of herpes infections, other microbial infections or certain diseases may cause reactivation of HSV.

Our findings support that stromal keratitis can be detected by using nPCR and that conventional cell culture is not a sensitive test for detecting HSV in tear films from stromal keratitis patients. Further investigations based on quantitative measurement of HSV-1 DNA and its correlation with the pathogenesis of this kind of herpetic eye disease is suggested; this measurement could be performed by new and advanced molecular techniques such as real-time PCR. In conclusion, nPCR can be used for sensitive and rapid detection of HSV-1 DNA and is a powerful confirmatory and supplemental tool for diagnosis of ocular herpetic infections in addition to clinical diagnosis.

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